

# **EMERGENCY PHARMACOLOGY I & II**

**Advanced Cardiac Life Support**

**Seminole Community College**

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# **Based on the Guidelines 2000 for Cardiopulmonary Resuscitation & Emergency Cardiovascular Care**

**International Consensus on Science**

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## **Pharmacology I**

### **Antiarrhythmic Drugs**

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## **ADENOSINE (Adenocard)**

- **Mechanism of Action - Adenosine is a endogenous purine nucleoside that depresses AV node and sinus node activity.**
- **Since most common forms of PSVT involve a reentry pathway including the AV node, Adenosine is effective in terminating these arrhythmias.**

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## **ADENOSINE (Adenocard)**

- **Mechanism of Action cont.-** if arrhythmia does not involve a reentry pathway including Atrial Fibrillation or Flutter, Atrial or Ventricular Tachycardias, Adenosine will not be effective in terminating these arrhythmias.
- **If this is the case Adenosine may cause AV or Ventricular blocks.**

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## **ADENOSINE (Adenocard)**

- **INDICATIONS -** Used in the treatment of Paroxysmal Supraventricular Tachycardia (PSVT) including PSVT in WPW syndrome.

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## **ADENOSINE (Adenocard)**

- **PRECAUTIONS:** Adenosine produces a short lived pharmacologic response because it is rapidly metabolized by enzymatic degradation in the blood and tissues.
- **The half-life is approximately 5 seconds or less.**

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## **ADENOSINE (Adenocard)**

- **PRECAUTIONS:** Side effects are common but usually short lived; Flushing, dyspnea, chest pain and transient sinus bradycardia and ventricular ectopy after termination of PSVT.
- **Should not be used diagnostically for stable, wide complex tachycardias of unknown type (this is a new guideline).**

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## **ADENOSINE (Adenocard)**

- **DOSAGE - 6 mg rapid bolus over 1-3 seconds. Followed by 20 ml flush. A brief period of Asystole (up to 15 seconds) may occur after rapid administration.**
- **After 1-2 minutes give 12 mg, may repeat a second 12 mg after 1 - 2 minutes. IV should be in antecubital fossa. 92% conversion usually after the first 12 mg dose.**

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## **Amiodarone Hydrochloride (Cordarone)**

- **Mechanisms of Action: effects on sodium, potassium, and calcium channels, also with alpha and beta blocking properties.**
- **Lengthens the cardiac action potential (antisympathetic action). Negative dromotropic effects on SA node and AV node.**
- **It has vasodilatory effects that decrease cardiac workload and myocardial oxygen consumption.**

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## **Amiodarone Hydrochloride (Cordarone)**

- **Indications: preferred treatment for atrial and ventricular arrhythmias. Used prior to Lidocaine.**
- **Treatment and prophylaxis of frequently recurring ventricular fibrillation and hemodynamically unstable ventricular tachycardia in patients refractory to other agents.**
- **Ventricular rate control of rapid atrial arrhythmias in patients with severely impaired left ventricular function when digitalis is ineffective.**

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## **Amiodarone Hydrochloride (Cordarone)**

- **Indications: ventricular rate control due to accessory pathway conduction in preexcited atrial arrhythmias.**
- **Adjunct to electrical cardioversion of refractory PSVT's and atrial tachycardia.**

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## **Amiodarone Hydrochloride (Cordarone)**

- **Effective for the control of hemodynamically stable VT, polymorphic VT, and wide-complex tachycardia of uncertain origin.**
- **Used after defibrillation and epinephrine in cardiac arrest due to persistent VF or VT.**

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## **Amiodarone Hydrochloride (Cordarone)**

- **Contraindications: hypersensitivity, cardiogenic shock, sinus bradycardia, 2<sup>nd</sup> or 3<sup>rd</sup> degree block.**
- **Hypotension most common side effect.**
- **Treatment with fluid and temporary pacing can correct hypotension due to Amiodarone in the field!**

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## **Amiodarone Hydrochloride (Cordarone)**

- **Dosage: in cardiac arrest due to pulseless VT or VF 300 mg rapid infusion diluted in 20 to 30 ml of saline or D<sup>5</sup>W. Followed by 150 mg every 3-5 mins until arrhythmia is suppressed.**
- **Arrhythmias with a pulse: 150 mg over ten minutes followed by 1mg/min infusion for 6 hours. Repeat 150 mg if necessary to a maximum daily (24 hrs)dose of 2.2 grams.**
- **Maintenance infusion: 0.5 mg/min maximum daily dose of 2.2 grams.**

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## **Amiodarone Hydrochloride (Cordarone)**

- **Administration difficulties:**
  - **Contained in an ampule must use filtered needle to draw up.**
  - **Must be drawn up slowly because bubbles will occur if drawn rapidly (soap-like solution).**
  - **Must be given rapidly and only once.**
  - **Many side effects.**
  - **150 mg/ampule, must draw up two ampules.**
  - **Expensive approximately \$175.00 per 300 mg dose.**

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## ATROPINE SULFATE

- **Mechanism of Action:** Parasympatholytic drug which enhances both sinus node automaticity, and AV node conduction by reversing cholinergic-mediated affects. Inhibits the release of acetylcholine from the vagus nerve.

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## ATROPINE SULFATE

- **Indications:** Ventricular Asystole, Conduction disturbances (Symptomatic 1<sup>st</sup> or 2<sup>nd</sup> degree type 1 AV blocks), Symptomatic bradycardia, slow pulseless electrical activity.

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## ATROPINE

- **Precautions:**
  - Tachydysrhythmias.
  - Increased myocardial oxygen consumption
  - Use with caution in the presence of acute myocardial ischemia associated with acute myocardial infarction.
  - Do not push slowly as paradoxical bradycardia may occur.
  - Less than 0.5 mg can cause a further slowing of the rate.

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## ATROPINE

- **Precautions:** do not use when bradycardia from AV block at the His-Purkinje level Mobitz (type) II or 3<sup>rd</sup> degree (complete) heart block with new wide-QRS complexes is suspected.
- Atropine can rarely accelerate sinus rate and AV node conduction.

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## ATROPINE

- **Dosage:**
  - Asystole & Slow PEA 1 mg IVP and repeated every 3-5 mins if asystole persists.
  - Bradycardia & AV Blocks 0.5 mg - 1.0 mg every 3 - 5 mins.
  - ET administration: 2.0 - 2.5 mg diluted in 10 ml NS.
  - Maximum dose: 3 mg (0.04 mg/kg) complete vagolytic dose.
  - Less than 0.5 mg causes paradoxical bradycardia.
- **Maximum dose should be reserved for asystolic cardiac arrest only, this is due to the increase in myocardial oxygen demand!**

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## PROPRANOLOL, METOPROLOL, ATENOLOL, ESMOLOL

- **Mechanism of Action - Beta blocking agents attenuate the effects of circulating catecholamines by blocking their ability to bind to beta receptors.**
- **Reduces heart rate, blood pressure, myocardial contractility and therefore myocardial oxygen consumption.**  
*Decreases (depresses) the pumping function of the heart.*

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## PROPRANOLOL, METOPROLOL, ATENOLOL, ESMOLOL

- **Mechanism of Action – benefits in patients with acute coronary syndromes, including patients with non-Q wave MI and unstable angina.**
- **Therefore beta blockers should be administered in these patients under these conditions!**

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## PROPRANOLOL, METOPROLOL, ATENOLOL, ESMOLOL

- **Indications - Primary indication is to control recurrent ventricular tachycardia ventricular fibrillation and supraventricular arrhythmias.**
- **Precautions: Hypotension, Congestive heart failure and bronchospasm.**
- **Dosage - Varies with desired effect. Currently not used in the field!**

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## **BRETYLIUM TOSYLATE (Bretylol)**

- **Indications – no longer indicated for treatment of ventricular arrhythmias, due to the decrease in availability and it's documented ineffectiveness.**
- **Has been removed from all algorithms.**

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## **VERAPAMIL & DILTIAZEM (Calan - Isoptin, Cardizem)**

- **Mechanism of Action - Both are calcium channel blocking agents that slow conduction and increase refractoriness in the AV node. These actions terminate reentrant arrhythmias that require AV nodal conduction.**

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## **VERAPAMIL & DILTIAZEM (Calan - Isoptin, Cardizem)**

- **Verapamil is a negative inotropic agent that causes a reduction in myocardial oxygen requirement. May also control ventricular response in A-Fib, A-Flutter, or multifocal Atrial Tachycardia.**

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## **VERAPAMIL & DILTIAZEM (Calan - Isoptin, Cardizem)**

- **Indications - Used in the treatment of Paroxysmal Supraventricular Tachycardia (PSVT) narrow complex and ventricular rate control in Atrial Fibrillation. However, Adenosine is the drug of choice.**

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## **VERAPAMIL & DILTIAZEM (Calan - Isoptin, Cardizem)**

- **Precautions - Possible hemodynamic compromise. Should not be used in WPW syndrome or impaired heart function.**
- **Calcium is used for possible overdose of Verapamil or other Calcium channel blocker.**

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## **VERAPAMIL & DILTIAZEM (Calan, Isoptin, Cardizem)**

- **Dosage:  
Verapamil: 2.5 - 5.0 mg IV over 2 minutes. Repeat doses of 5 - 10 mg every 15 to 30 minutes to a maximum of 30 mg.  
Diltiazem: 0.25 mg/kg over 2 minutes followed by 0.35 mg/kg. Produces less myocardial depression than Verapamil.**

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## **DISOPYRAMIDE**

- **Mechanism of Action: antiarrhythmic agent that acts to slow conduction velocity, and prolongs the effective refractory period (similar to Procainamide).**
- **Potent anticholinergic, negative inotropic, and hypotensive effects.**
- **Not used in the field!**

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## **FLECAINIDE**

- **Mechanism of Action: potent sodium channel blocker with significant conduction-slowing effects.**
- **Indications: ventricular arrhythmias and for patients in supraventricular arrhythmias with structural heart disease. IV version (not approved in U.S.) has corrected A-fib, Ectopic A-tachycardia, A-flutter.**
- **Precautions: must be administered slowly, bradycardia, hypotension, and neurological abnormalities.**

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## **IBUTILIDE**

- **Mechanism of Action:** short-acting antiarrhythmic drug. Effective by prolonging the action potential duration and increasing the refractory period of cardiac tissue.
- **Indications:** acute pharmacologic conversion of Atrial flutter or A-Fib when electrical cardioversion has failed.

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## **IBUTILIDE**

- **Dosage:** Adults over 60 kg, IV 1 mg/10 ml over 10 minutes. Repeat if unsuccessful 1mg/10ml over 10 minutes.
- **If under 60 kg administer 0.01 mg/kg and repeat in second dose.**
- **Precautions:** minimal effects on the heart rate and BP. However. May cause ventricular proarrhythmias especially when there is an impaired LV.

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## **ISOPROTERENOL(Isuprel)**

- **Mechanism of Action - Isoproterenol is a pure beta adrenergic agent. Potent inotropic and chronotropic agent that increases cardiac output and myocardial oxygen demand.**  
**Isoproterenol can increase myocardial ischemia and exacerbates arrhythmias.**

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## **ISOPROTERENOL(Isuprel)**

- **Indications - Refractory torsades de pointes (Chemical overdrive pacing) and immediate control of hemodynamically significant bradycardia especially in the denervated hearts of heart transplant patients. However, *not the treatment of choice, used until a pacemaker, atropine, dobutamine is available and has failed.***

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## **ISOPROTERENOL(Isuprel)**

- **Precautions - ventricular ectopy and dysrhythmias. Electronic pacing preferred!**
- **Dosage - 2 to 10 mcg/min titrated to effect. 1 mg/250 ml fluid infusion.**

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## **LIDOCAINE (Xylocaine)**

- **Mechanism of Action - Suppresses ventricular arrhythmias by decreasing the automaticity of phase 4 depolarization. Depresses conduction in reentrant pathways. Elevates fibrillation threshold. Decreases excitability of ischemic tissue.**

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## **LIDOCAINE**

- **Indications: Used in the treatment of:**
  - **VF/ Pulseless VT that persists after defibrillation and epinephrine (Class Indeterminate).**
  - **Control of hemodynamically compromising PVC's (Class Indeterminate).**
  - **Hemodynamically stable VT (Class IIb)**
- **Lidocaine is the second choice medication behind other alternate agents: Amiodarone, Procainamide, Sotalol)**

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## **LIDOCAINE**

- **Precautions - Routine prophylactic administration is no longer recommended in uncomplicated acute MI or ischemia without PVC's.**
- **Toxic - therapeutic balance is delicate.**

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## LIDOCAINE

- **Dosage – In cardiac Arrest**
- *Initial dose of 1.0 - 1.5 mg/Kg*
- *Additional boluses of 0.5 - .75 mg/Kg repeat in 3 - 5 minutes; maximum total dose of 3 mg/Kg.*
- **The more aggressive dosing approach is recommended in cardiac arrest (1.5mg/kg).**

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## LIDOCAINE

- **Dosage – In V-Tach with a pulse or other ventricular ectopic beats 0.5 – 0.75 mg/Kg, 3 mg/Kg maximum dose.**
- **Infusion: 2-4 mg/min**
- **Mix 1 Gm in 250 ml NS or 2 Gm in 500 ml.**

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## LIDOCAINE

- **In Patients older than 70 years old, and in those with Hepatic dysfunction should receive the initial normal loading dose.**
- **The maintenance infusion should be reduced by 50%.**
- *Infusion rate of 1 - 4 mg/minute (class indeterminate).*

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## LIDOCAINE

- **Special Considerations:**
- **Endotracheal Dose: 2 – 4 mg/kg**
- **Reappearance of arrhythmias during a constant infusion of Lidocaine should be treated with a small bolus dose (0.5 mg/kg).**

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## **LIDOCAINE**

- **Toxic reactions and Side effects:**
  - Slurred speech
  - Altered consciousness
  - Muscle twitching
  - Seizures
  - Bradycardia

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## **MAGNESIUM SULFATE**

- **Mechanism of Action -**  
**Magnesium deficiency is associated with cardiac arrhythmias, symptoms of cardiac insufficiency, and sudden cardiac arrest.**
- **Hypomagnesemia can precipitate refractory V-Fib.**

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## **MAGNESIUM SULFATE**

- **Indications - Used in the treatment of Ventricular Fibrillation / Ventricular Tachycardia after full doses of Amiodarone and Lidocaine have failed to convert rhythm. Treatment of choice for Torsades de pointes.**

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## **MAGNESIUM SULFATE**

- **Should only be used when arrhythmias may be caused by Magnesium deficiency or Torsades de Pointes.**
- **Dosage - 1 to 2 grams loading dose mixed in 10 ml of solution and administered over 1 to 2 minutes.**

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## **PROCAINAMIDE (Pronestyl)**

- **Mechanism of Action – supresses both atrial and ventricular arrhythmias. Acceptable for the pharmacological conversion of supraventricular arrhythmias (particularly A Fib and A Flutter) to sinus rhythm (class IIa).**

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## **PROCAINAMIDE (Pronestyl)**

- **Supresses ventricular ectopy similar to Lidocaine. Recommended when Amiodarone and Lidocaine is contraindicated or it has failed to suppress ventricular ectopy.**

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## **PROCAINAMIDE (Pronestyl)**

- **Increases ventricular fibrillation threshold. Shortens effective refractory period of the AV node, lengthens refractory period in bundle of his.**

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## **PROCAINAMIDE (Pronestyl)**

- **Indications - Secondary to Amiodarone and Lidocaine in the field. Used when both medications have failed to suppress the life threatening ventricular arrhythmias. Suppresses PVC's and recurrent V-tach, V-fib.**

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## **PROCAINAMIDE (Pronestyl)**

- **Precautions - Contraindicated in Torsades de Pointes, hypotension after rapid injection. Adverse ECG effects. Use caution in acute MI.**

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## **PROCAINAMIDE (Pronestyl)**

- **DOSAGE - Infusion of 30 mg/min until one of the following is observed:**
  - 1. Arrhythmia is suppressed
  - 2. Hypotension ensues
  - 3. QRS widens by 50%
  - 4. Total of 17 mg/kg administered (1.2 gm/70kg)
- **Maintenance Infusion rate: 1 – 4 mg/minute**

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## **PROPAFENONE**

- **Mechanism of Action: Antiarrhythmic agent with significant conduction-slowing and negative inotropic effects with additional non-selective beta blocking properties.**
- **Used in U.S. orally only for treatment of supraventricular and ventricular arrhythmias in patients without structural heart disease.**

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## **PROPAFENONE**

- **Indications: ventricular arrhythmias and for patients in supraventricular arrhythmias with structural heart disease. IV version (not approved in U.S.) has corrected A-fib, Ectopic A-tachycardia, A-flutter.**
- **Dosage: No field dose**

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## **SOTALOL**

- **Mechanism of Action: prolongs action potential duration like Amiodarone, and increases cardiac tissue refractoryness.**
- **Used in U.S. orally only for treatment of supraventricular and ventricular arrhythmias in patients without structural heart disease.**
- **Dosage: No field dose**

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## **Pharmacology II**

### **Agents to Optimize Cardiac Output and Blood Pressure**

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## **EPINEPHRINE (Adrenolin)**

- **Mechanisms of Action: Naturally occurring catecholamine with both Alpha and Beta adrenergic properties (Sympathomimetic agent).**
- **Greatest benefit from alpha adrenergic stimulating properties.**

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## **EPINEPHRINE (Adrenolin)**

- **Mechanisms of Action:**
  - **Increases myocardial and cerebral blood flow during CPR**
  - **Increased systemic vascular resistance**
  - **Increased arterial blood pressure**
  - **Increased heart rate (Chronotropic effects)**
  - **Increased myocardial contraction (Inotropic effect). Increased automaticity**
  - **Increased myocardial oxygen requirement**

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## **EPINEPHRINE (Adrenolin)**

- **Indications: “First Agent in All Forms of Cardiac Arrest”**
  - Improves V-Fib conversion, PEA, May restore electrical activity in Asystole.
  - Vasopressor agent for symptomatic bradycardia (not first line drug).
- **Vasopressin may be substituted in the V-fib algorithm.**

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## **EPINEPHRINE (Adrenolin)**

- **Precautions: May precipitate or exacerbate myocardial ischemia. Do not mix with alkaline solutions. Ventricular ectopy in digitalized patients.**
- **Remember the increase in Myocardial Oxygen Demand!**

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## **EPINEPHRINE (Adrenolin)**

- **Dosage:**
  - 1 mg of 1: 10,000 solution IVP every 3-5 minutes followed by 20 ml flush.
  - ET administration: 2 - 2.5 mg in 10 ml.
  - Infusion: 1 mg in 250 ml, dose 1 mcg/min.

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## **VASOPRESSIN**

- **Mechanism of Action: naturally occurring antidiuretic hormone that acts as a non-adrenergic peripheral vasoconstrictor.**
- **Indications: May be substituted for Epinephrine in the V-fib / V-tach without a pulse algorithm (class IIb).**

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## **VASOPRESSIN**

- **Mechanism of Action:** during a short duration of V-Fib, during CPR increased coronary perfusion pressure, and vital organ blood flow.
- **Vasopressin does not increase myocardial oxygen demand because of the lack of beta adrenergic stimulation.**
- **Vasopressin remains intact during acidosis.**

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## **VASOPRESSIN**

- **Half-life 10 – 20 minutes**
- **Dosage: 40 U (units) IVP**
- **May follow up with Epinephrine after 10 – 20 minutes of initial administration.**
- **May later be used for PEA and Asystole.**
- **Inexpensive to purchase and easy to administer.**

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## **NOREPINEPHRINE (Levophed)**

- **Mechanism of Action - Naturally occurring catecholamine that is a potent alpha receptor agonist and vasoconstrictor. Causes a great increase in myocardial oxygen demand and will exacerbate myocardial ischemia.**

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## **NOREPINEPHRINE (Levophed)**

- **Indications – (None in the field)  
Treatment for hemodynamically significant hypotension that is refractory to other sympathomimetic amines.  
Should be considered as a last and temporary measure.**

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## **NOREPINEPHRINE (Levophed)**

- **Precautions - Increases myocardial oxygen requirement and will exacerbate ischemia. If drug infiltrates 5 to 10 mg of Phentolamine should also be infiltrated to prevent tissue necrosis and sloughing.**
- **Dosage - 0.5 - 1.0 mcg/minute titrated to effect. 4 mg placed in 250 ml D<sup>5</sup>W.**

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## **DOPAMINE (Intropin)**

- **Mechanism of Action - A chemical precursor of norepinephrine that has both alpha and beta actions, and stimulates dopaminergic receptors in a dose dependant fashion.**
- **Dopamine stimulates the heart through beta receptors.**

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## **DOPAMINE (Intropin)**

- **Indications: usually reserved for hypotension that occurs with symptomatic bradycardia or post cardiac arrest. Goal BP 90 mm Hg.**
- **Precautions: dose dependant, higher doses may have a profound negative impact on the heart. Do not use in the same IV lines as Bicarbonate, may inactivate. Extreme tissue destruction if IV infiltrates.**

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## **DOPAMINE (Intropin)**

- **Other Precautions - SVT or ventricular arrhythmias. MAO inhibitors may potentiate the effects of dopamine, use 1/10th the normal dose. Alkaline solutions inactivate dopamine. Must be tapered off, use central line due to risk of infiltration causing severe damage.**

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## **DOPAMINE (Intropin)**

- **Dosage:** in low doses 1-2 mcq/Kg/min produces vasodilation of renal, mesenteric, and cerebral arteries by stimulation dopaminergic receptors.
- **At midrange doses 2 - 10 mcq/Kg/min produces cardiovascular effects (Beta).**

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## **DOPAMINE (Intropin)**

- **At higher doses 20 mcq/Kg/min produce hemodynamic effects similar to norepinephrine (peripheral arterial vasoconstriction).**

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## **DOPAMINE**

- **Field Dosage -**  
**5 mcq/Kg/min titrated to effect. Final recommended dose dosage range is 5 - 20 mcq/kg/min.**  
**Dopaminergic effect: 1 – 2 mcq/kg**  
**Beta effect: 2 –10 mcq/kg**  
**Alpha effect: 10 – 20 mcq/kg**

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## **DOBUTAMINE (Dobutrex)**

- **Mechanism of Action - synthetic sympathomimetic amine that exerts its potent inotropic effects by stimulating beta-1 and alpha adrenergic receptors in the myocardium and blood vessels.**
- **Dobutamine has beneficial hemodynamic effects and its lack of norepinephrine release minimize its effects on myocardial oxygen demand. DOES NOT PRODUCE RENAL AND MESENTERIC VASODILATION LIKE DOPAMINE.**

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## **DOBUTAMINE (Dobutrex)**

- **Indications - Treatment of pulmonary congestion and severe systolic heart failure.**
- **Precautions - High doses may cause myocardial ischemia, SVT and V-tach.**
- **Dosage - 2 to 20 mcg/Kg/min.**

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## **AMRINONE (Inacor) & MILRINONE**

- **Mechanism of Action - Rapid-acting inotropic agent whose net effects are similar to dobutamine. Cardiac output increases and peripheral vascular resistance and preload are diminished.**
- **Indications - Severe congestive heart failure refractory to diuretics or cardiogenic shock.**

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## **AMRINONE (Inacor) & MILRINONE**

- **Precautions - May induce or worsen myocardial ischemia, and ventricular ectopy.**
- **Dosage - 0.75 mg/Kg every 2 - 3 minutes followed by 5 to 15 mcg/Kg/min infusion.**

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## **CALCIUM CHLORIDE**

- **Mechanism of Action - Although Calcium ions play a critical role in myocardial contractile performance and impulse formation, however studies have not shown benefit from the use of calcium and in fact may be detrimental.**

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## **CALCIUM CHLORIDE**

- **Indications - Hyperkalemia, Hypocalcemia and channel blocker toxicity (verapamil) class IIb.**
- **Dosage - 2 mg - 4 mg/Kg repeat if necessary in 10 minute intervals.**

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## **DIGITALIS**

- **Mechanism of Action - Rapid-acting inotropic agent who net effects are similar to dobutamine.**
- **Cardiac output increases and peripheral vascular resistance and preload are diminished.**
- **Extremely limited use in Emergency Cardiac Care.**

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## **DIGITALIS**

- **Indications – decreases ventricular rate in Atrial flutter and Atrial fibrillation. No longer preferred method.**
- **Precautions - May induce or worsen myocardial ischemia, and ventricular ectopy (all lethal forms of dysrhythmias have occurred).**
- **Dosage - 10 - 15 mcq/Kg every 2 - 3 minutes followed by 5 to 15 mcq/Kg/min infusion.**

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## **NITROGLYCERINE**

- **Mechanism of Action - Organic nitrate that relaxes vascular smooth muscle**
- **Indications - Primary indication is to relieve Angina Pectoris, initial treatment of choice for ischemic-type pain or chest discomfort.**
- **Parenteral choice for the treatment of congestive heart failure, management of uncomplicated MI.**

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## **NITROGLYCERINE**

- **Precautions: Hypotension, Headache.**
- **Dosage - 0.3 mg - 0.4 mg every 3 - 5 minute intervals if discomfort is not relieved.**
- **Infusion - 50 or 100 mg / 250 ml, rate 10 to 20 mcg/min increased by 5 – 10 mcg every 5 - 10 mins until desired clinical response.**

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## **SODIUM NITROPRUSSIDE**

- **Mechanism of Action - Sodium Nitroprusside is a potent peripheral vasodilator, effects are seen immediately and cease within minutes after infusion is discontinued.**

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## **SODIUM NITROPRUSSIDE**

- **Indications - Parenteral treatment of choice for severe heart failure and hypertensive emergencies when immediate reduction of peripheral resistance is necessary.**
- **Nitroglycerine is preferred because it is less likely to lower coronary perfusion pressure, and likely to increase perfusion to the myocardium.**

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## **SODIUM NITROPRUSSIDE**

- **Precautions - Hypotension is the most common adverse reaction seen with nitroprusside. Hypotension may precipitate myocardial ischemia, infarction or stroke.**
- **Dosage - 0.1 to 5 mcg/Kg/min titrated to effect. Mix 50 - 100 mg/250 ml D5W.**

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## **SODIUM BICARBONATE**

- **Mechanism of Action - Sodium Bicarbonate reacts with the hydrogen ions in the blood to form carbon dioxide and water to buffer metabolic acidosis.**

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## **SODIUM BICARBONATE**

- **Indications - Used during cardiac resuscitation only after defibrillation, effective CPR, Endotracheal intubation, hyperventilation with 100% oxygen and more than one dose of epinephrine.**
- **May be used with the following preexisting conditions: metabolic acidosis, hyperkalemia, or tricyclic or phenobarbital overdose.**

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## **SODIUM BICARBONATE**

- **Precautions - The major problem is that NaHCO<sub>3</sub> has a high carbon dioxide content, the CO<sub>2</sub> crosses rapidly into the cells causing an increase in intracellular hypercarbia and acidosis especially in myocardial and cerebral cells. Bicarbonate crosses much more slowly.**
- **Other problems include: Hyponatremia and a shift in the oxyhemoglobin saturation curve preventing O<sub>2</sub> release to the tissues. Metabolic Alkalosis. Do not mix with catecholamines.**

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## **SODIUM BICARBONATE**

- **Dosage - 1 mEq/Kg initially, 0.5 mEq/Kg dose every 10 minutes thereafter.**
- **Should be guided by blood gases if possible. Use after the first ten minutes in cardiac arrest, however not recommended by the AHA.**

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## **DIURETICS (Furosemide)**

- **Mechanism of Action - Rapidly acting potent diuretic that inhibits the reabsorption of sodium in the renal loop of henle. Has a direct venodilating effect in patients with pulmonary edema onset approximately 5 minutes. Diuresis occurs later.**

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## **DIURETICS (Furosemide)**

- **Indications - Treatment of pulmonary edema associated with left ventricular failure.**
- **Precautions - Dehydration, hypotension, eletrolyte depletion in coronary heart disease.**
- **Dosage: 0.5 - 1.0 mg/Kg initially IV slowly over 1 - 2 minutes.**

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## **MORPHINE**

- **Mechanism of Action - Narcotic analgesic - manifests analgesic and hemodynamic effects, increasing venous capacitance and reduces systemic vascular resistance, reduces preload, relieving pulmonary congestion. Reduces intramyocardial wall tension, which decreases myocardial oxygen requirements. Reduces anxiety.**

95

## **MORPHINE**

- **Indications - Drug of choice in treatment of pain and anxiety associated with AMI and in the Treatment of acute pulmonary edema.**
- **Precautions - Respiratory depression, hypotension. Overdose can be corrected with IV Naloxone (Narcan) 0.4 -0.8 mg.**

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## MORPHINE

- **Dosage - 1 mg - 3 mg IV slowly over 1 to 5 minutes until the desired effect is achieved.**

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## THROMBOLYTIC AGENTS (Anistreplase, Streptokinase, Alteplase)

- **Mechanism of Actions - Activate both soluble plasminogen and surface bound plasminogen to plasmin. Pharmacologic thrombolysis occurs when surface-bound plasminogen is converted to surface bound plasmin which digests fibrin and dissolves the clot.**

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## THROMBOLYTIC AGENTS (Anistreplase, Streptokinase, Alteplase)

- **Indications - *Should be initiated immediate after the onset of chest pain (within 6-12 hours, ideally within 6 hours).***
- **Precautions - Bleeding is the major complication as a result of thrombolytic therapy. Various contraindications for this type of therapy.**
- **Dosage - Varies with type of drug used.**
- **New Fibrolytic Agents now used: Ativase.**

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## SYMPTOMATIC BRADYCARDIA

- ***Remember the following sequence:***

*1st line - Atropine (except high block)*  
*2nd line - Pacemaker*  
*3rd line - Dopamine*  
*4th line - Epinephrine*

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## **The End**

- **This Microsoft PowerPoint presentation was prepared by Rob Holborn Ed.D, EMT-P, Seminole Community College.**
- **The presentation was prepared by using the textbook: Guidelines 2000 for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care: International Consensus on Science and the 1998 National EMT-Paramedic Curriculum**